

WON'S MARTIAL ARTS ACADEMY

“Kick of the New Millennium”

3789 Opelika Road
Phenix City, AL 36870
(334) 297 - 7851

Tae Kwon Do
Hap Ki Do
Weapons
And Much More...

Website: wonsmartialartsacademy.com

Master Instructor: Young S. Won
World Champion - Hall Of Fame

Master Instructor: Dr. Amy M. Latta Won
*Forms & Fighting World Champion
Best All Around Female Competitors of 1998*

Master Instructor: Tae K. Won

Chief Instructor: Katelyn Fillingim

Instructors: Drew Carlisle
Emma Pearson

Rebecca Stutsman

Eric Sims
Ian Reckmack

PHENIX CITY CLASS SCHEDULE

(APRIL, 2024)

	Monday	Tuesday	Wednesday	Thursday	Friday
Monday/ Wednesday White Belt Class	6:25 – 6:55		6:25 – 6:55		
Tuesday/ Thursday White Belt Class		5:05 – 5:35		5:05 – 5:35	
Little Dragons Yellow & Up (Ages 4-7)	4:30 – 5:00	4:30 – 5:00	4:30 – 5:00 Sparring	4:30 – 5:00	
Children's Yellow - Green	5:00 – 5:40	6:25 – 7:05	5:00 – 5:40 Sparring	6:25 – 7:05	
Children's Blue – Black	5: 40 – 6:25	5: 40 – 6:25	5:40 – 6:25 Sparring	5: 40 – 6:25 Weapon	
Adult & Teen Yellow - Green	7:00 – 7:45	7:10 – 7:55	Sparring 7:00 – 8:00	7:10 – 7:55	
Adult & Teen Blue - Black	7:00 – 8:00	7:10 – 7:55 WEAPON 7:55-8:20	COLGA: Jan, Mar, May, Jul, Sep, Nov PCAL: Feb, Apr, Jun, Aug, Oct, Dec	7:10 – 8:10	
Black Belt Instructors			8:00–8:15 See Calendar for Meeting		See Calendar 4:30 – 5:00 @ Columbus
KICK TEAM DEMO/COMP	Tumbling/Tricking 8:05 - 9:00 @ Columbus	See Calendar for More Information			See Calendar 4:30 – 7:00?? @ Columbus

PRIVATE LESSONS: Must have an Appointment (Ask at the front desk for more information).

Little Dragons: Ages 4 – 7

Children's Classes: Ages 8 – 12

Teen/ Adult Classes: Ages 13 & Up
(Children age 12 may attend Adult
class with Instructor's permission.)