## **WON'S MARTIAL ARTS ACADEMY**

## "Kick of the New Millennium"

3127 Tower Road Columbus, GA 31909 (706) 653 - 6155 Tae Kwon Do Hap Ki Do Weapons And Much More...

Website: http://wonsmartialartsacademy.com/

Master Instructor: Young S. Won

World Champion - Hall Of Fame

Master Instructor: Dr. Amy M. Latta

Forms & Fighting World Champion Best All Around Female Competitors of 1998

**Master Instructor: Tae K. Won** 

**Head Instructors: Eva Cooper** 

**Chief Instructor: Hunter Enslen** 

Lilli McGuire

**Drew Carlisle** 

**Instructors: Ezra McGuire** 

**DJ Stokes** 

**Micah Holland** 

**Addey Mueller** 

**Birdie Godfrey** 

## **COLUMBUS CLASS SCHEDULE**

(Starting August 12, 2024)

|   | Monday                           | Tuesday                           | Wednesday                           | Thursday                                       | Friday                      |
|---|----------------------------------|-----------------------------------|-------------------------------------|--|-----------------------------|
| Little Dragons                              |                                  |                                   |                                     |  |                             |
| White (Ages 4-7)                            |                                  | 5:00 – 5:30                       |                                     | 5:00 - 5:30                                    |                             |
| Little Dragons<br>Yellow & Up<br>(Ages 4-7) | 4:30 – 5:00                      | 4:30 - 5:00                       | 4:30 - 5:00                         | 4:30 - 5:00                                    |                             |
| Children's White                            | 6:30-7:00                        |                                   | 6:30-7:00                           |  |                             |
| Children's<br>Yellow - Green                | 5:00- 5:40                       | 6:25 – 7:05                       | 5:00-5:40                           | 6:25 – 7:05                                    |                             |
|   | 3.00-3.40                        | 0.23 - 7.03                       | 3.00-3.40                           | 0.23 - 7.03                                    | G. G.L. J.                  |
| Children's<br>Blue – Black                  | 5:40 - 6:30                      | 5:35 - 6:25                       | 5:40 - 6:30                         | 5:35 - 6:25                                    | See Calendar                |
| Adult & Teen<br>White                       | 6:30-7:00                        |                                   | 6:30-7:00                           |  |                             |
| Adult & Teen<br>Yellow - Green              | 7:05 – 7:50                      | 7:10 – 7:55                       | Sparring 7:05 – 8:05                | 7:10 – 7:55                                    |                             |
|   |                                  | 7:10 - 8:20                       | All Odd month will be in            | 7:10 – 7:55                                    | See Calendar                |
| Adult & Teen<br>Blue – Black                | 7:05 – 8:05                      | Weapon<br>7:55 – 8:20             | Columbus & Even month will be in PC | Young Adult & Teen<br>Power Class<br>7:55-8:15 |                             |
| Black Belt<br>Instructors                   |                                  |                                   | 8:05-8:20<br>See Calendar           |  | See Calendar<br>4:15 – 4:30 |
| KICK TEAM<br>DEMO/COMP                      | Tumbling/Tricking<br>8:05 - 9:00 | See Calendar for More Information |                                     |  | See Calendar<br>4:30 – 7:00 |

PRIVATE LESSONS: Must have an Appointment (Ask at the front desk for more information).

Little Dragons: Ages 4 – 7 Children's Classes: Ages 8 – 12 Teen/ Adult Classes: Ages 13 & Up

(Children age 12 may attend Adult class with Instructor's permission.)